



Wilson District 25 News March 2009

Volume 2 #3 Editors: Mike J./Cynthia A.

District News

An Intergroup rep is presenting a "24/7 AA phone answering service" training workshop at our Club March 7th at 10am. Several of our GSRs will attend Spring VAC assembly in Williamsburg. Please pass any suggestions for the good of AA at the Serenity Club to Ana K., point of contact between Wilson District and The Club. *The next District meeting is March 22nd, 5-6pm.* Immediately following the district meeting, a meeting will be held to discuss District 25's participation with the VAC assignment of assisting with the CPC (Cooperation with the Professional Community). *All are not only welcome to help, YOU are needed!*

This issue marks the last input from the Mike J. half of the editor team, as Mike completes his service with the District. Volunteers to fill the District Intergroup Rep for the District should let José A. know they're available.

Thanks for the opportunity to serve. Mike J.

DISTRICT MISSION PRIORITIES:

1. Promote group autonomy and communications.
2. Develop group and district self support capacity.
3. Assist groups to fill positions.

The Intergroup Unity Newsletter, Member News Board and Literature Table carry local social/educational/service information. **We insist on enjoying ourselves; you can, too.**

Special Events ~ see back

Please distribute your AA group contributions for the good of AA (as suggested by our founders)

Group News

Spotlight on: The Freedom Group, Saturdays at 5pm: Ed W. accepted trusted servant responsibility several months ago, joining "Blue Ridge John" to rebuild this group. Using fliers to announce meeting leaders from other groups, Ed has attracted a diverse group of people to the Club, and attendance now averages 10-12 members each week, and continues to grow. Business meetings have been held and service positions are being filled. The slogan "Freedom from the bondage of alcoholism" is central to this group. The Freedom Group is one way to free up a weekend evening, too!

Group Builder Tip: Continuing with previous tips on building groups, a "team" of meeting "leader-getters" can divide the burden of bringing a wide range of leaders to the group, so that one person is not constantly searching for leaders or the group is served by a series of the same leaders. Such service usually requires 6 months to 1 yr. of sobriety, a good ear for a "no BS" leader and attendance at other groups – and desire to serve!

Current Meeting Schedule

OD-Open Discussion ~ *Chip Meetings
Mon - Sun 7:30am OD (Sunrise Group)
Monday - Fri 12:00 OD (Nooners*)
Monday- Fri 4:00 OD (The Beginners)
Monday - Fri 5:30 OD (H.A.L.T.)
Monday - Sunday 7:00 (Twilight Zone)
Mon 7pm Beginners OD (Go Getters)
Tues 7pm Literature OD (Big Book)
Weds 7pm 3rd Step (Turn It Over*)
Thurs 7pm OD (Lamplight*)
Fri 7pm Literature OD (Living Sober)
Sat 7pm Literature OD (Grape Vine)
Sun 7pm OD (Mt Vernon Sun. Nite)
Saturday Noon OD (Wilson Men's Mtg.)
Saturday 3:30 (Serendipity~Women's)
Saturday 5:00 OD (Freedom Group)
Sunday 10:00am OD (From the Heart)
Sunday 3:30pm (Courage to Change*)
 Celebrant/Speakers Meeting

See the Group Matrix, Member News Board, for more group information.

Feb. Anniversaries

Martina M. ~ 5 months – Feb. 2nd
 Joe L. ~ 1 month – Feb. 4th
 Chris P. ~ 3 months – Feb. 5th
 Carol R. ~ 11 months – Feb. 7th
 Carolyn T. ~ 5 years – Feb. 7th
 Brian S. ~ 3 months – Feb. 8th
 Shannon S. ~ 2 years – Feb. 8th
 Charlie C. ~ 4 years – Feb. 8th
 Louis W. ~ 30 years – Feb. 9th
 Stella R. ~ 30 years – Feb. 9th
 John B. ~ 6 months – Feb. 9th
 Bonnie C. ~ 7 months – Feb. 10th
 Lewis K. ~ 4 years – Feb. 15th
 Doug H. ~ 5 months – Feb. 16th
 Janice J. ~ 4 months – Feb. 18th
 William W. ~ 8 months – Feb. 20th
 Derrick S. ~ 5 months – Feb. 21st
 Carol P. ~ 7 months – Feb. 21st
 Alex P. ~ 9 months – Feb. 21st
 Garrett B. ~ 9 months – Feb. 21st
 Christy S. ~ 3 months – Feb. 22nd
 Maryann T. ~ 5 months – Feb. 22nd
 Serena B. ~ 1 year – Feb. 26th
 Bobby R. ~ 1 year – Feb. 28th
 Carolyn S. ~ 6 months – Feb. 30th
 Debbie W. ~ 11 months – Feb. 30th

(Please contact Cynthia A. if you have any updates for next month's newsletter)

Traditions Corner / Month 3

Tradition 3:

"The only requirement for A.A. membership is a desire to stop drinking."

The Long Form

Our A.A. experience has taught us that: Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group, provided that, as a group, they have no other affiliation.

Step 3 Made a decision to turn our will and our lives over to the care of God as we understood Him.

Announcements – Upcoming events



Move your clocks ahead

Daylight saving time* begins March 8th at 2a.m.



Have a Happy sober St. Patty's day

*Begins in the US on the second Sunday in March and ends on the first Sunday in November

See fliers on Resource table for more information

Serenity Club Corner

The Club is looking for club members interested in short and/or long term service. If you are interested, please contact Cynthia or MJ for details.

Announcements

3/15: Informational Board Meeting @ 1pm –
Open house at Noon. Members and friends
of the Club are welcome to attend

May 8th: Serenity Golf Classic 2009

Please consider becoming a member of
the Club to help keep the doors open

Local Special Events

GENERAL SERVICE REPRESENTATIVE TRAINING

THIS ONE HOUR SESSION PROVIDES INFORMATION ON THE SCOPE OF RESPONSIBILITIES AND DUTIES FOR NEW OR PROSPECTIVE GSRs, GIVEN BY A FAIRFAX DISTRICT GSR EVERY SECOND TUESDAY @7PM.

AT NORTHERN VIRGINIA INTERGROUP,
8501 LEE HIGHWAY, FAIRFAX, VA
(ARLINGTON INSULATION BLDG. 2ND FLOOR)
703-876-6616

IF YOU ARE A NEW GSR, OR ARE WANTING TO KNOW MORE ABOUT BECOMING A GSR, OR JUST WANT GSR INFORMATION, THIS TRAINING SESSION IS FOR YOU!

NEXT SESSION
TUESDAY MARCH 10, 2009

From the Grapevine

Once Over Lightly June 1974

WE HAVEN'T TOLD a drunk-driver story for a while, so we'll close with this one.

A motorist who had been stopped by a patrol car for weaving all over the highway kept protesting that he most certainly wasn't intoxicated. Meanwhile, one of the cops had drawn a chalk line on the pavement, and the suspect was led to it and told, "Let's see you walk along that."

"Okay, okay," he answered. "I will if you put a net under it."

Side bar May 1947

You may be hell bent, but don't insist on company.

It's all right to drink like a fish if you drink what a fish drinks.

The dizzy feeling some people complain about is hardly ever caused by doing too many good turns.

Some women become nags because their husbands behave like mules.

The Alanews

Iowa



Send us your favorite AA humor!

