



Wilson District 25 News January 2009

Volume 2 #1 Editors: Mike J./Cynthia A.

District News

Next District meeting is **January 25th, 5-6pm**. All are not only welcome to help, YOU are needed! The December 28th, 2008, District meeting welcomed several new General Service Representatives (GSRs) from various groups. Why are these GSRs so important to AA? GSRs are the "connecting tissue" that keeps the parts of the worldwide body of AA in touch with each other, most especially at the level of the AA groups within a District and Region of AA. Autonomy is critical, but equally so is group awareness and connection to other groups and AA as a whole – and the GSR is the means of insuring this continuity across the autonomous group boundaries. Think where we'd be if AA began and ended at our own group's edge? A lonely prospect, indeed. Come to the **GSR informational and training session** by an Intergroup specialist on **Sunday, January 11, 2009, 5pm** at the Club. Got ideas for the good of AA at The Serenity Club? Pass to Ana K., the point of contact between Wilson District and The Club.

DISTRICT MISSION PRIORITIES:

1. Promote group autonomy and communications.
2. Develop group and district self support capacity.
3. Assist groups to fill positions.

The Intergroup Unity Newsletter, Member News Board and Literature Table carry local social/educational/service information. **We insist on enjoying ourselves; you can, too.**

Special Events ~ see back

Group News

Spotlight on: Women's Serendipity Group, Saturday 3:30pm: Several "newcomers" came together for a "rebuild" effort a few weeks ago, soon joined by several "old timers" – a program chair and other trusted servants were chosen, plans to do more - and there you are, a well-functioning new group! Good job, ladies, and welcome to the recent arrivals from the meeting in Belle Haven.

Group Builder Tip: Continuing with previous tips on building groups, a "newcomer" might begin in service by helping the program chair to set up a calendar of leaders and to remind upcoming leaders of their commitments. Nothing builds group solidarity like service, and there's always some kind of service to be done!

Current Meeting Schedule

OD-Open Discussion ~ *Chip Meetings
Mon - Sun 7:30am OD (Sunrise Group)
Monday - Fri 12:00 OD (Nooners*)
Monday- Fri 4:00 OD (The Beginners)
Monday - Fri 5:30 OD (H.A.L.T.)
Monday - Friday 7:00 (Twilight Zone)
Mon 7pm OD (Beginners)
Tues 7pm Literature OD (Big Book)
Weds 7pm 3rd Step (Turn It Over*)
Thurs 7pm OD (Lamplight*)
Fri 7pm Literature OD (Living Sober)
Sat 7pm Literature OD (Grape Vine)
Sun 7pm OD (Mt Vernon Sun. Nite)
Saturday Noon OD (Wilson Men's Mtg.)
Saturday 3:30 (Serendipity~Women's)
Saturday 5:00 OD (Freedom Group)
Sunday 10:00am OD (From the Heart)
Sunday 3:30pm (Courage to Change*)
 Celebrant/Speakers Meeting

See the Group Matrix, Member News Board, for more group information.

Please distribute your AA group contributions for the good of AA (as suggested by our founders)

Dec. Anniversaries

Martina M. ~ 3 months – Dec. 2nd
 Andy S. ~ 5 months – Dec. 2nd
 Aaron G. ~ 7 years – Dec. 2nd
 Chris P. ~ 1 month – Dec. 5th
 Greg O. ~ 3 months – Dec. 6th
 Carol R. ~ 9 months – Dec. 7th
 John B. ~ 4 months – Dec. 9th
 Bonnie C. ~ 5 months – Dec. 10th
 Jack D. ~ 1 year – Dec. 11th
 Holly M. ~ 4 months – Dec. 15th
 Janice J. ~ 2 months – Dec. 18th
 Ron S. ~ 15 years – Dec. 2nd
 William W. ~ 6 months – Dec. 20th
 Derrick S. ~ 3 months – Dec. 21st
 Carol P. ~ 5 months – Dec. 21st
 Alex P. ~ 7 months – Dec. 21st
 Garrett B. ~ 7 months – Dec. 21st
 Christy S. ~ 1 month – Dec. 22nd
 Maryann ~ 3 months – Dec. 22nd
 Serena B. ~ 10 months – Dec. 26th
 Bobby R. ~ 10 months – Dec. 28th
 Carolyn S. ~ 4 months – Dec. 30th
 Debbie W. ~ 9 months – Dec. 30th

(Please contact Cynthia A. if you have any updates for next month's newsletter)

Traditions Corner / Month 1

Tradition 1:

"Our common welfare should come first; personal recovery depends upon A.A. unity."

The Long Form

Our A.A. experience has taught us that:
 Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward.

Step 1 We admitted we were powerless over alcohol—that our lives had become unmanageable.

Announcements – Upcoming AA events



See fliers on Resource table for more information

Local Special Events

GENERAL SERVICE REPRESENTATIVE TRAINING

THIS ONE HOUR SESSION PROVIDES INFORMATION ON THE SCOPE OF RESPONSIBILITIES AND DUTIES FOR NEW OR PROSPECTIVE GSRs, GIVEN BY A FAIRFAX DISTRICT GSR EVERY SECOND TUESDAY @7PM.

AT NORTHERN VIRGINIA INTERGROUP,
8501 LEE HIGHWAY, FAIRFAX, VA
(ARLINGTON INSULATION BLDG. 2ND FLOOR)
703-876-6616

IF YOU ARE A NEW GSR, OR ARE WANTING TO KNOW MORE ABOUT BECOMING A GSR, OR JUST WANT GSR INFORMATION, THIS TRAINING SESSION IS FOR YOU!

NEXT SESSION
TUESDAY JANUARY 13, 2009

From the Grapevine

Once Over Lightly

THE LUSH IN THIS CASE never got moving. He staggered from a saloon to his vehicle and started the motor. A patrolman then warned him, "Mister, you'd better not drive that car!" "I've got to!" exclaimed the owner. "I'm already late for dinner and I'm in no condition to walk."

Ham on Wry

"How come if alcohol kills millions of brain cells, it never killed the ones that made me want to drink?"
Daniel M.

TWO VIEWS FROM THE OTHER SIDE: A group of winos decided to pay their last respects to one of their recently departed cohorts. After viewing the open casket, one remarked to his chums, "Gee, Eddie sure looks good since he quit drinking." And how about the purse-snatching drunk who was arrested and brought out front for the police lineup. He leaned forward, squinted through the glare of lights, looked straight down at his victim and exclaimed, "Yep, she's the one all right."

Anonymous

Barley Corn

The barkeep kept a pet parrot and one evening a drunk climbed atop a stool and tried to catch hold of it. "Scram, landlubber," shrieked the outraged Polly. "What's the big idea?" The drunk looked surprised, tipped his hat, mumbled, "Golly, I'm sorry, mister! I thought you was a bird!"



Send us your favorite AA humor!