



# Wilson District 25 News February 2009

Volume 2 #2 Editors: Mike J./Cynthia A.

## District News

Next District meeting is **February 22<sup>nd</sup>, 5-6pm**. All are not only welcome to help, YOU are needed! The January 25<sup>th</sup>, 2008, District meeting welcomed several new General Service Representatives (GSRs) from various groups. Plans for GSRs to attend the Spring AA Area Conference were initiated, looks like several of our GSRs will attend. Intergroup's need for phone, jails, and treatment program volunteer meeting-carriers was also discussed. GSRs can help to "hook up" any volunteers who want to get in touch on these service chances. A 24/7 AA phone answering training workshop will be offered at our Club by an Intergroup rep in the next month or so – GSRs will announce details. Any suggestions for the good of AA at The Serenity Club? Pass to Ana K., the point of contact between Wilson District and The Club.

### DISTRICT MISSION PRIORITIES:

1. Promote group autonomy and communications.
2. Develop group and district self support capacity.
3. Assist groups to fill positions.

The Intergroup Unity Newsletter, Member News Board and Literature Table carry local social/educational/service information. **We insist on enjoying ourselves; you can, too.**

## Special Events ~ see back

**Please** distribute your AA group contributions for the good of AA (as suggested by our founders)

## Group News

### Spotlight on: Wilson Stag

**Group** (Men's meeting), Saturdays at noon. Richard H. accepted trusted servant duties about a year ago, and, with a small group of regular meeting-makers, a functioning AA group is emerging. A longtime regular, Ron, has been particularly devoted to this meeting, and several other members are approaching a year or more of regular attendance. Newcomers have begun returning regularly, a sure sign of a meeting becoming a group. Keep up the good work, gents!

**Group Builder Tip:** Continuing with previous tips on building groups, a "group sponsor list" can help newcomers or people looking for a change to focus on people who have already shown willingness to be a sponsor – this may be just the tip a newcomer needs to overcome shyness and fear around approaching those awe-inspiring (or "awful?") "old-timers".

### Current Meeting Schedule

- OD-Open Discussion ~ \*Chip Meetings
- Mon - Sun 7:30am** OD (Sunrise Group)
- Monday - Fri 12:00** OD (Nooners\*)
- Monday- Fri 4:00** OD (The Beginners)
- Monday - Fri 5:30** OD (H.A.L.T.)
- Monday - Sunday 7:00** (Twilight Zone)
  - Mon 7pm** Beginners OD (Go Getters)
  - Tues 7pm** Literature OD (Big Book)
  - Weds 7pm** 3<sup>rd</sup> Step (Turn It Over\*)
  - Thurs 7pm** OD (Lamplight\*)
  - Fri 7pm** Literature OD (Living Sober)
  - Sat 7pm** Literature OD (Grape Vine)
  - Sun 7pm** OD (Mt Vernon Sun. Nite)
- Saturday Noon** OD (Wilson Men's Mtg.)
- Saturday 3:30** (Serendipity~Women's)
- Saturday 5:00** OD (Freedom Group)
- Sunday 10:00am** OD (From the Heart)
- Sunday 3:30pm** (Courage to Change\*)  
Celebrant/Speakers Meeting

See the Group Matrix, Member News Board, for more group information.

## Jan. Anniversaries

- Martina M. ~ 4 months – Jan. 2<sup>nd</sup>
- José A. ~ 2 years – Jan. 2<sup>nd</sup>
- George D. 12 years – Jan. 2<sup>nd</sup>
- Chris P. ~ 2 months – Jan. 5<sup>th</sup>
- Greg O. ~ 4 months – Jan. 6<sup>th</sup>
- Carol R. ~ 10 months – Jan. 7<sup>th</sup>
- Brian S. ~ 2 months – Jan. 8<sup>th</sup>
- Alma H. ~ 23 years – Jan. 8<sup>th</sup>
- John B. ~ 5 months – Jan. 9<sup>th</sup>
- Bonnie C. ~ 6 months – Jan. 10<sup>th</sup>
- Roger B. ~ 12 years – Jan. 14<sup>th</sup>
- Doug H. ~ 4 months – Jan. 16<sup>th</sup>
- Janice J. ~ 3 months – Jan. 18<sup>th</sup>
- Terrie S. ~ 20 years – MLK Day
- Dave R. ~ 19 years – Jan. 19<sup>th</sup>
- William W. ~ 7 months – Jan. 20<sup>th</sup>
- Derrick S. ~ 4 months – Jan. 21<sup>st</sup>
- Carol P. ~ 6 months – Jan. 21<sup>st</sup>
- Alex P. ~ 8 months – Jan. 21<sup>st</sup>
- Garrett B. ~ 8 months – Jan. 21<sup>st</sup>
- George D. ~ 2 years – Jan. 21<sup>st</sup>
- Christy S. ~ 2 months – Jan. 22<sup>nd</sup>
- Maryann ~ 4 months – Jan. 22<sup>nd</sup>
- Andrew W. ~ 3 years – Jan. 23<sup>rd</sup>
- Serena B. ~ 11 months – Jan. 26<sup>th</sup>
- Len S. ~ 17 years – Jan. 26<sup>th</sup>
- Bobby R. ~ 11 months – Jan. 28<sup>th</sup>
- Carolyn S. ~ 5 months – Jan. 30<sup>th</sup>
- Debbie W. ~ 10 months – Jan. 30<sup>th</sup>
- Irene M. ~ 38 years – Jan. 31<sup>st</sup>
- Shane B. ~ 5 years – Jan. 31<sup>st</sup>

(Please contact Cynthia A. if you have any updates for next month's newsletter)

### Traditions Corner / Month 2

#### Tradition 2:

"For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern."

#### The Long Form

*Our A.A. experience has taught us that:*  
For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience.

**Step 2** Came to believe that a Power greater than ourselves could restore us to sanity.

## Announcements – Upcoming AA events



Remember your *Valentine*  
*Valentine's Day is on a Saturday this year*

See fliers on Resource table for more information



## Local Special Events

### GENERAL SERVICE REPRESENTATIVE TRAINING

THIS ONE HOUR SESSION PROVIDES INFORMATION ON THE SCOPE OF RESPONSIBILITIES AND DUTIES FOR NEW OR PROSPECTIVE GSRs, GIVEN BY A FAIRFAX DISTRICT GSR EVERY SECOND TUESDAY @7PM.

AT NORTHERN VIRGINIA INTERGROUP,  
8501 LEE HIGHWAY, FAIRFAX, VA  
(ARLINGTON INSULATION BLDG. 2ND FLOOR)  
703-876-6616

IF YOU ARE A NEW GSR, OR ARE WANTING TO KNOW MORE ABOUT BECOMING A GSR, OR JUST WANT GSR INFORMATION, THIS TRAINING SESSION IS FOR YOU!

NEXT SESSION  
TUESDAY FEBRUARY 10, 2009

## From the Grapevine

### It's Never Too Late--or Is It?

An AA friend had just come back to the program and successfully completed fifteen months of sobriety. One hot summer morning, she was mowing her lawn, and her next door neighbor was doing the same. About 10 o'clock, he pulled up beside her, puffing and perspiring, and jovially shouted, "How about a cold beer right about now?"

When she politely refused, he boomed, "What's the matter? Is it too early for you?"  
"No," she ruefully replied. "It's too late."

### Short Snorts

There's one thing to be said about ignorance: it causes a lot of interesting arguments.

**Saving Grace:** After seven years of sobriety, at each AA birthday, I sit down and write out my blessings. Herewith is this year's significant list: I've missed out on 2,555 hangovers; I've saved \$8,939 (the cost of 1,277 fifths of "hard stuff"); \$2,912 for 728 bottles of wine and about \$200 for ten cases of beer. I've also saved \$360 for 84 quarts of mouthwash--a quick pick-me-up when I'd run out of everything else. And these are only my in-home costs, excluding all outside revelries and bar tabs. So, the grand total comes to something like \$12,411--the price of a brand new car or a neat real estate investment or a dandy vacation."

Ramona B. ~ Washington



Send us your favorite AA humor!

## Serenity Club Corner

The Club is looking for club members interested in short and/or long term service. If you are interested, please contact Cynthia or MJ for details.

### Announcements

- 2/14: *Valentine's Breakfast - 8:30-11am*
- 2/15: Board Meeting @ 5pm – Members and friends of the Club are welcome to attend
- 2/28: Serenity Dance – 10pm-1am

Please consider becoming a member of the Club to help keep the doors open